

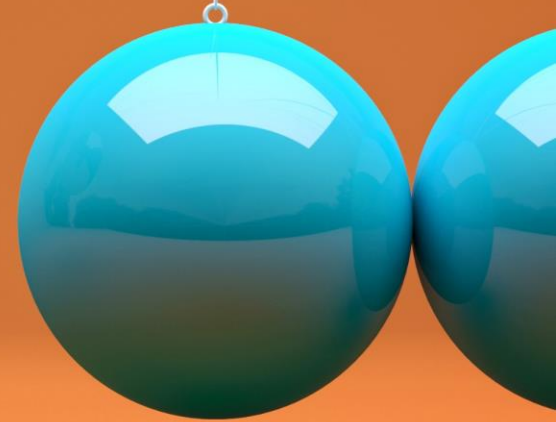
LEAD SEI PROGRAM

LEADERSHIP

EMPOWERMENT

AWARENESS

DEVELOPMENT



PURPOSE

The LEAD Social-Emotional Intelligence (SEI) Program is designed to build authentic resilience in emerging and evolving leaders by facilitating growth and development that supports understanding ourselves and others and fosters effective interpersonal relationships.





DEVELOP AFFECTIVE SKILLS

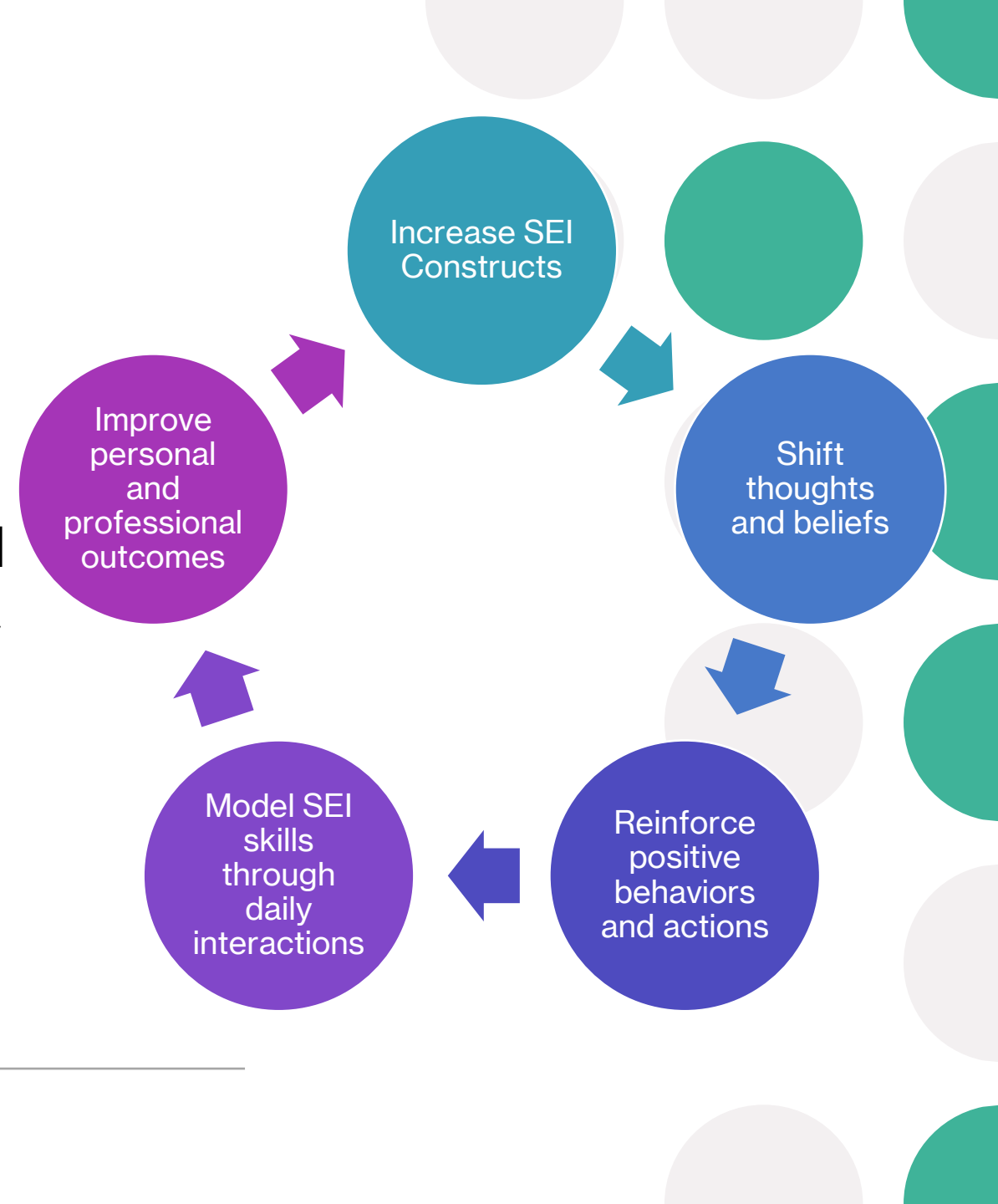
The LEAD SEI Program develops non-cognitive skills that cultivate emotional and behavioral engagement and improves the practical application and reinforcement of productive behaviors and actions to excel professionally and personally.

"An individual's success at work and life is 80% dependent on EQ, and only 20% dependent on IQ."

Daniel Goleman
Author, Journalist, and Psychologist

LEAD SEI FRAMEWORK

Social-Emotional Intelligence (SEI) is an individual's ability to identify, evaluate, control, and express emotions; understand the emotions of others, build relationships, solve problems, and regulate behavior.



SEI COMPETENCIES

Self
Awareness

Self
Management

Social
Awareness

Relationship
Management

MODULES & BI-WEEKLY COHORT SESSIONS

A self-pace *only* option is also available,
please contact us for more details.

Module One

- Emotional Self-awareness
- Neuroplasticity and Mindfulness

Module Two

- Emotional Self-Control

Module Three

- Active Listening
- Empathy and Perspective-taking

Module Four

- Communication Patterns

Module Five

- Conflict Management

Module Six

- 4 Work Mode Assessment®
- Leadership and Adaptability

Modules

Learning Outcomes

- | | |
|-------|--|
| One | Identify emotional triggers and how they affect performance, and use mindfulness practices to redirect energy. |
| Two | Utilize self-regulation skills to navigate stressful situations and control disruptive impulses. |
| Three | Recognize common barriers to empathy and demonstrate social awareness that builds trust through active listening. |
| Four | Determine how communication patterns help or hinder effective communication, and apply skills learned to listen at a deeper level to improve interpersonal relationships. |
| Five | Overcome personal bias and successfully discover common ground to achieve peaceful resolutions. |
| Six | Maximize individual and team performance through understanding strengths and opportunities for growth and better team alignment that fosters enhanced communication and collaboration. |

LEAD SEI PROGRAM

*"71% of hiring managers said EQ is more
important than IQ"*
TalentSmart

LEAD SEI PROGRAM

Benefits

After completion of the LEAD SEI Program, participants will be able to confidently demonstrate social-emotional intelligence competencies that lead to productive interactions and successful interpersonal working relationships, so they can:

- Effectively communicate with peers
- Display agility and resilience in the midst of change
- Successfully cross-collaborate with internal and external partners
- Flourish as top performers by exceeding performance outcomes
- Gain the competitive edge for rapid career growth and progression

“70% of fortune 500 companies are setting aside Budgets to train EQ.”

TalentSmart

PROGRAM METHOD & LOGISTICS

Participants should expect the following:

- Participate in synchronous and asynchronous learning
- Access to LGN's online platform
- Reflective writing assignments
- Breakout discussions and debriefs
- Six live sessions via Zoom (*1x per week, each bi-weekly session is 2 hrs.*)
- Participants receive a verifiable digital badge and certification of completion

Materials needed:

- Desktop or laptop computer
 - Internet access
 - Journal or notebook
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Receive a Verifiable Digital Badge and Certificate of Completion

Share on social media platforms

facebook

LinkedIn

twitter



What they are saying...



"The training was awesome! I love the breakout team exercises. I plan to use everything I learned, especially related to listening and understanding others."

"I learned so much from this training! My favorite part was learning about my leadership style and work modes, to work better with colleagues."

"Our team is already seeing the benefits of the LEAD SEI training. We are collaborating and communicating in a more effective way!"

"I needed this training! It was thoughtful and insightful. I learned so much about myself. I am already putting things into practice and seeing a difference at work and home."

"I struggle with difficult conversations. This training taught me how to have empathy that builds trust, while still holding my team accountable. That has been most helpful!"

"I enjoyed learning about my communication patterns and how they affect others. It really opened my eyes."

"The synergy among our leadership team before this training vs now is night and day. It is also positively impacting our outcomes. To say I'm thankful is an understatement!"

To learn more contact

Lead Global Network, LLC.

Email: support@leadglobalnetwork.com

Schedule Appt: [Book Discovery Appointment](#)

Website: <https://leadglobalnetwork.com>

